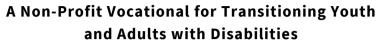
## CURA PERSONALIS PROJECT Newsletter







#### WHAT'S NEW AT CPP:

December 24th-26th: CPP Closed

December 30th-: Workshop Day-CPP Open to Transitioning Youth

December 31st-January 1st: CPP Closed

January 2nd and 3rd: Workshop Day- CPP Open to Transitioning Youth

January 20th: Workshop Day-CPP Open to Transitioning Youth

January 27th: Workshop Day-CPP Open to Transitioning Youth

February 17th: Workshop Day-CPP Open to Transitioning Youth

### FALL IS IN THE AIR AT CPP!

#### **PROGRAM UPDATE**

Fall is quickly moving behind us and it is one of our favorite seasons at CPP because the cooler weather allows us to do more special projects both inside and outside of the barn. This fall we spent a lot of time cleaning out the stalls from summer and storing equipment for winter. This is a big job because everything gets super dusty after Spring and Summer and needs to be throughly cleaned

before being stored. CPP participants have been up for the challenge! We have also found ourselves with some days this fall that remind us of winter too and are already practicing picking ice off the water troughs in the fields.

We also had the excitement of a few social gatherings in our community as we hosted our second family and friends potluck and our annual Open House in October. It was so wonderful to see so many friends and family and almost all of our participants both full time and from our workshops came out to enjoy one another. We also loved meeting many new faces at our annual Open House and thank all of our participants and their families who also attended to work and speak to potential new participants about their experiences with CPP. We are so grateful for such a loving and supportive community.

Finally, we are very excited to announce we have a new indoor work space which we have been given through a grant. Make sure to check out the orange box on page 2. to read all about our recent grant awards! Thank you especially to out CPP Grant Committee for all the additional time and care they spent working toward getting CPP these grants. We hope everyone has a wonderful upcoming Holiday season and a great start to winter!

# **MEET MIRIAM!**

#### **CPP Participant Feature**

Miriam has been coming to CPP for a year and a half! She started coming as a youth participant during school breaks and holidays the year before graduating and has recently started coming full time with CPP postgraduation. We are so excited to have her with us now full time! She is a very hard worker and a wonderful joy to have in the program. While at CPP, Miriam can be found helping care for the horses, cleaning tack, helping with special seasonal projects (e.g., prepping for winter, putting away and cleaning stall fans), and working on our shredding/ garden composting project. She enjoys tasks that are repetitive and she is extremely thorough in her work, which is very important at the barn as each of the animals needs clean and well cared for materials so they stay healthy. We are so happy to have Miriam as a part of CPP and are so proud of her for her hard work each and every day, done with an attitude and a smile that brightens everyone's day!







CPP is proud to announce we are the reciepts of two grants!

Thank you Montgomery County Community Grant for selecting our greenhouse project. CPP now has a full size greenhouse on the Stables property!

We also received a second grant to support our new yard and garden training program! We will use this funding to buy materials to start this program in the Spring.





